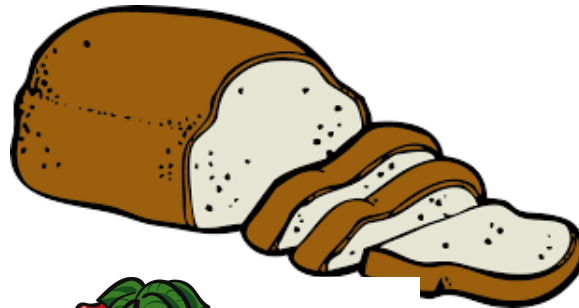


CARBOHYDRATES

give our body ENERGY



- Pasta
- Bread
- Potatoes
- Rice
- Cereals
- Corn
- Biscuits
- Honey
- Jam
- Sweets

